

Discuss ACA Waiver and Release of Liability and Arkansas Paddlesport Activities Act of 2013

- a. Ask who hasn't signed ACA Waiver
- b. *administrator / Marcell:* confirm all have signed

By signing you indicated that you

- a. **Understand** the nature of paddlesports and related activities,
- b. **Assume all risks** of participating
- c' **are Qualified** and in proper **physical condition**
- d. if anything is unsafe, **will REFUSE** to continue.

Arkansas Paddlesport Activities Act enacted 2013 complements the ACA Waiver

- a. states you are **assuming risks** of paddlesport activity
- b. defines those inherent risk when on streams and rivers (*Posters*)

Examples: Risk of injury, Damage/Loss of Equipment

Common: bruises, cuts, scratches, heat/cold issues,

Possible: serious bodily injury, permanent disability, paralysis, death.

Causes: drowning, falls, weather, Moving Water, entrapments, people, snake bite, fish hook, sharp rocks/glass, infection from water, see also **AW Safety Code**

Risk increases with as water moves faster or rises higher.

Risk of Swimming and Wading in moving water is much higher than when boating.

In this workshop we will:

- Promote prevention of river accidents and injuries.
- Develop and practice self-rescue skills, recovering swimmers, loose boats and equipment
- Identify and avoid river hazards by understanding hydrology, hazards, and river features.
- Focus on fast, low-risk strategies for management of river accidents

All is Challenge By Choice: If Unsafe, Refuse