

**Fun!**

**Recognize Common Hazards.**

**Deal with those hazards.**

**Basic skills,**

*ferries, eddy turns, peel out, and self rescue*

**Challenge By Choice.**

*If not safe, REFUSE. Do Not Continue.*

## Principles of Rescue

Priorities:

**People first, Gear later**

Victim:

**Be Prepared** *Section I of Safety Code*

**Self Rescue - Quickly -** *Don't wait for Others*

**Keep the Paddle, & boat -- unless.....**

Rescuers:

**Prevention: *Don't Create More Victims***

**Protect Self, Team, then Victim.**

**Anticipate and Avoid Trouble**

**Simplest, Safest, Speediest First**